

HEALTH, PHYSICAL EDUCATION AND RECREATION (B.S.) PHYSICAL EDUCATION CONCENTRATION

The mission of the Department of Health, Physical Education, and Recreation is to increase health equity throughout Mississippi. To accomplish this mission, the Physical Education major will train students to provide adolescents with cognitive content and instruction designed to develop motor skills, knowledge, and behaviors for a lifetime of physical activity, physical fitness, and good health. Students will receive hands-on student teaching during their senior year and upon completion of the program, will be licensed to teach in the K-12 school setting in Mississippi.

Major Requirements

Code	Title	Hours
HE 102	CONCEPTS OF HEALTH FOR TEACHER	3
PE 222	INTRO TO PHYSICAL EDUCATION	3
PE 309	ELE & SEC FOLK & ETH & RHY DAN	1
PE 319	KINESIOLOGY	3
PE 323	ORGAN& ADMN OF PHYL EDUCATION	3
SPED 311	EXCEP CHILD & YOUTH IN THE SCHO	3
HE 311	FIRST AID PREVENT&CARE O	3
PE 320	ADAPTED PHYSICAL EDUCATN	3
PE 322	MOTOR DEV & MOVE EDUCATI	3
PE 350	MEASUR EVALUAT & STATIST	3
PE 360	PHYSIOLOGY OF MUSCULAR A	3
PE 411	METHODS IN PHY EDUCATION	3
PE 415	INDIVIDUAL, AND TEAM SPORTS	3
PE 445	PHY EDUC IN ELEM SCHOOL	3
COUN 315	Human Growth and Development	3
EDCI 100	INTRODUCTION TO EDUCATION	3
ETEC 336	ADV MULTIMEDIA IN CLASSROOM	3
SS 203	HISTORICAL&CULTURAL FOUNDATNS	3
ETEC 367	INTRO TO ASSMNT MSRMT & EVALTN	3
EDCI 301	CLASSROOM MANAGEMENT AND EFFECTIVE LEARNING ENVIRONMENTS	3
EDCI 401	Unit Planning, Assessment, and Classroom Management	3
EDCI 402	CLINICAL INTERNSHIP IN STD TCH	12
Total Hours		73

Course	Title	Hours
Freshman		
Fall		
Begin PRAXIS Workshops		
BIO 101 & BIOL 101	INTRO TO BIOLOGICAL SCIENCE and INTRO TO BIO SCI LAB	3
ENG 104 or ENG 103 or ENG 111	COMPOSITION I or English Composition I with Co-requisite Support or COMPOSITION & LITERATURE FOR L	3
HE 102	CONCEPTS OF HEALTH FOR TEACHER	3

MATH 111 or MATH 114	COLLEGE ALGEBRA or Quantitative Reasoning	3
UNIV 100	UNIVERSITY SUCCESS	2
Humanities & Fine Arts Option		3
Hours		17

Spring		
Continue with PRAXIS Workshops		
ENG 105 or ENG 112	COMPOSITION II or COMPOSITION	3
BIO 234 & BIOL 234	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB	4
Humanities & Fine Arts Option		3
Social & Behavioral Science Option		3
Pathway Option		3
Hours		16

Sophomore		
Fall		
Register for the PRAXIS I Exam		
COUN 315	Human Growth and Development	3
EDCI 100	INTRODUCTION TO EDUCATION	3
Humanities & Fine Arts Option		3
Social & Behavioral Science Option		3
Pathway Option		3
Hours		15

Spring		
ETEC 336	ADV MULTIMEDIA IN CLASSROOM	3
PE 222	INTRO TO PHYSICAL EDUCATION	3
SPCH 201	SPEECH ARTS	3
SS 203	HISTORICAL&CULTURAL FOUNDATNS	3
UNIV 200		1
Pathway Option		3
Hours		16

Junior		
Fall		
Register for PRAXIS II Exam		
ETEC 367	INTRO TO ASSMNT MSRMT & EVALTN	3
PE 309	ELE & SEC FOLK & ETH & RHY DAN	1
PE 319	KINESIOLOGY (Cognate Area)	3
PE 322	MOTOR DEV & MOVE EDUCATI	3
PE 323	ORGAN& ADMN OF PHYL EDUCATION	3
SPED 311	EXCEP CHILD & YOUTH IN THE SCHO	3
Hours		16

Spring		
EDCI 301	CLASSROOM MANAGEMENT AND EFFECTIVE LEARNING ENVIRONMENTS	3
HE 311	FIRST AID PREVENT&CARE O	3
PE 320	ADAPTED PHYSICAL EDUCATN	3
PE 350	MEASUR EVALUAT & STATIST	3
PE 360	PHYSIOLOGY OF MUSCULAR A	3
Hours		15

Senior		
Fall		
EDCI 401	Unit Planning, Assessment, and Classroom Management	3
PE 411	METHODS IN PHY EDUCATION	3
PE 415	INDIVIDUAL, AND TEAM SPORTS	3
PE 445	PHY EDUC IN ELEM SCHOOL	3
RE 310	TCHNG READING IN CONTENT AREAS	3
Hours		15

Spring

EDCI 402	CLINICAL INTERNSHIP IN STD TCH	12
	Hours	12
	Total Hours	122

Notes:

- Candidates that transfer 12 or more hours of college credit are exempt from UNIV 100 UNIVERSITY SUCCESS; however, the student must take 2 hours of general electives to replace the UNIV course.
- Online Graduation Clearance (**to be completed during the graduating semester only**).

Student Learning Outcomes

The outcomes of the “responsive educator” are aligned with the College of Education and Human Development and provides and embodies:

- A committed response where the candidate has acquired an understanding and acceptance of professional goals and obligations to support fairness and equity in learning communities.
- A knowledgeable response where the candidate has a thorough knowledge of discipline content, student development, historical and theoretical foundations of education, and learner environment management.
- A Skillful Response where the candidate has developed performance abilities relative to critical thinking, professional performance, and learning community enhancement.
- A Professional Response where the candidate understands the relationships between schools, families, and cultural contexts as these affect student learning.