

HEALTH, PHYSICAL EDUCATION AND RECREATION (B.S.) THERAPEUTIC RECREATION CONCENTRATION

Course	Title	Hours
Freshman		
Fall		
BIO 101 & BIOL 101	INTRO TO BIOLOGICAL SCIENCE and INTRO TO BIO SCI LAB	3
ENG 104 or ENG 103 or ENG 111	COMPOSITION I or English Composition I with Co-requisite Support or COMPOSITION & LITERATURE FOR L	3
TREC 104	INTRO TO THERAPEUTIC REC	3
UNIV 100	UNIVERSITY SUCCESS	2
Mathematics Option		3
Humanities & Fine Arts Option		3
Hours		17
Spring		
ENG 105 or ENG 112	COMPOSITION II or COMPOSITION	3
HE 101	CONCEPTS OF HEALTH	3
Humanities & Fine Arts Option		3
Natural Science Option		3
Pathway Option		3
Hours		15
Sophomore		
Fall		
ENG 213 or ENG 218 or ENG 228	PROFESSIONAL WRITING or ADVANCE COMPOSITION or WORD POWER	3
REC 205	CULTURAL & RECREATION PROGRAM	3
TREC 218	HISTORY&PHILOSOPHY OF THER REC	3
TREC 225	THERAPEUTIC RECREATION PRACTIC	1
Social & Behavioral Science Option		3
Pathway Option		3
Hours		16
Spring		
PSY 201	GENERAL PSYCHOLOGY	3
UNIV 200	CIVIC ENGAGEMENT	1
PE Elective		1
Humanities & Fine Arts Option		3
Social & Behavioral Science		3
Pathway Option		3
Hours		14
Junior		
Fall		
BIO 234 & BIOL 234	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB	4
REC 307	RECREATION LEADERSHIP	3
REC 350	INTRO TO LEISURE EDUCATION	3
PE 309	ELE & SEC FOLK & ETH & RHY DAN	1
PE 319	KINESIOLOGY	3
PSY 216	ABNORMAL PSYCHOLOGY	3
Hours		17

Spring		
COUN 315	Human Growth and Development	3
REC 305	FACILITIES EQUIP & AREA	3
TREC 313	IMPLCTNS OF DISABLG COND IN TR	3
TREC 325	THERAPEUTIC REC PRACTICM	1
TREC 329	PROG DESIGN & EVALUATION IN TR	3
PE Elective		1
Hours		14
Senior		
Fall		
TREC 415	CURRENT ISSUES & TRENDS IN TR	3
TREC 418	PRIN, PRAC & PROC IN THEPT REC	3
TREC 421	MNGT IN THERAPEUTIC RECREATION	3
TREC 423	RESRCH & EVAL THERAPEUTIC RECR	3
Hours		12
Spring		
REC 405	OUTDOOR RECREATION PROGRAMMING	3
TREC 424	SEM. IN THERAPEUTIC RECREATION ¹	3
TREC 425	THERAPEUTIC REC INTRN PR ¹	9
Hours		15
Total Hours		120

¹ All courses must be completed prior to enrolling in TREC 424 and TREC 425.

Notes:

- Candidates that transfer 12 or more hours of college credit are exempt from UNIV 100 UNIVERSITY SUCCESS; however, the student must take 2 hours of general electives to replace the UNIV course.
- Online Graduation Clearance (to be completed during the graduating semester only).