HEALTH, PHYSICAL EDUCATION AND RECREATION (B.S.) THERAPEUTIC RECREATION CONCENTRATION

The mission of the Department of Health, Physical - Education, and Recreation is to increase health equity throughout Mississippi. To accomplish this mission, the Health, Physical Education and Recreation major with a concentration in Therapeutic Recreation prepare students in the systemic process of utilizing recreation and activity-based interventions to treat persons with physical illness, mental illness, or other disabling conditions. Graduates of this discipline are highly qualified to sit for the Certified Therapeutic Recreation Specialists (CTRS) certification and work in hospitals, clinics, rehabilitation centers, and a variety of other field locations. Students also gain hands-on experience through internship opportunities during their senior year.

Code	Title	Hours
BIO 234	HUMAN ANATOMY & PHYSIOLOGY I	4
& BIOL 234	and HUMAN ANATOMY & PHYSIOLOGY LAB	
COUN 315	Human Growth and Development	3
HE 101	CONCEPTS OF HEALTH	3
PE 309	ELE & SEC FOLK & ETH & RHY DAN	1
PE 319	KINESIOLOGY	3
PE 231	INTERMEDIATE SWIMMING	1
PHIL 301	INTRODUCTN TO PHILOSOPHY	3
PSY 216	ABNORMAL PSYCHOLOGY	3
REC 205	CULTURAL & RECREATION PROGRAM	3
REC 305	FACILITIES EQUIP & AREA	3
REC 307	RECREATION LEADERSHIP	3
REC 350	INTRO TO LEISURE EDUCATION	3
REC 405	OUTDOOR RECREATION PROGRAMMING	3
TREC 104	INTRO TO THERAPEUTIC REC	3
TREC 218	HISTORY&PHILOSOPHY OF THER REC	3
TREC 225	THERAPEUTIC RECREATION PRACTIC	1
TREC 313	IMPLCTNS OF DISABLG COND IN TR	3
TREC 325	THERAPEUTIC REC PRACTICM	1
TREC 329	PROG DESIGN & EVALUATION IN TR	3
TREC 415	CURRENT ISSUES & TRENDS IN TR	3
TREC 418	PRIN, PRAC & PROC IN THEPT REC	3
TREC 421	MNGT IN THERAPEUTIC RECREATION	3
TREC 423	RESRCH & EVAL THERAPEUTIC RECR	3
TREC 424	SEM. IN THERAPEUTIC RECREATION	3
TREC 425	THERAPEUTIC REC INTRN PR	9
Total Hours		74
Course	Title	Hours
Course	Title	Hours

CourseTitleHoursFreshmanFallBIO 101INTRO TO BIOLOGICAL SCIENCE3& BIOL 101and INTRO TO BIO SCI LAB

	COMPOSITION I	
ENG 104		3
or ENG 103	or English Composition I with Co-requisite Support	
or ENG 111	or COMPOSITION & LITERATURE FOR L	
TREC 104	INTRO TO THERAPEUTIC REC	3
UNIV 100	UNIVERSITY SUCCESS	2
Mathematics Option		3
Humanities & Fine Art	s Option	3
	Hours	17
Spring	Tionio	
ENG 105	COMPOSITION II	3
or ENG 112	or COMPOSITION	3
HE 101	CONCEPTS OF HEALTH	3
Humanities & Fine Art		3
Natural Science Optio	n	3
Pathway Option		3
	Hours	15
Sophomore		
Fall		
ENG 213	PROFESSIONAL WRITING	3
or ENG 218	or ADVANCE COMPOSITION	
or ENG 228	or WORD POWER	
REC 205	CULTURAL & RECREATION PROGRAM	3
TREC 218	HISTORY&PHILOSOPHY OF THER REC	3
TREC 225	THERAPEUTIC RECREATION PRACTIC	1
Social & Behavioral So	cience Option	3
Pathway Option		3
	Hours	16
Spring		
PSY 201	GENERAL PSYCHOLOGY	3
UNIV 200	CIVIC ENGAGEMENT	1
PE Elective		1
Humanities & Fine Art	a Option	3
Social & Behavioral So		3
	cience	3
Pathway Option		3
		14
Lundan.	Hours	14
Junior	Hours	14
Fall		
Fall BIO 234	HUMAN ANATOMY & PHYSIOLOGY I	14
Fall BIO 234 & BIOL 234	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB	4
Fall BIO 234 & BIOL 234 REC 307	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP	4
Fall BIO 234 & BIOL 234 REC 307 REC 350	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION	4 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN	4 3 3 1
Fall BIO 234 & BIOL 234 REC 307 REC 350	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION	4 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN	4 3 3 1
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY	4 3 3 1 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY	4 3 3 1 3 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY	4 3 3 1 3 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours	4 3 3 1 3 3 3 7 7
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development	4 3 3 1 3 3 3 17 3 3 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR	4 3 3 1 3 3 3 17 3 3 3 3 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM	4 3 3 1 3 3 3 17 3 3 3 3 3 1
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR	4 3 3 1 3 3 3 17 3 3 3 3 3 1 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR	4 3 3 1 3 3 3 7 7 7 3 3 3 3 3 3 1 3 3 1 3 3 1 3 3 1 3 3 1 1 3 3 3 1 7 7 7 7
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM	4 3 3 1 3 3 3 17 3 3 3 3 3 1 3 3 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective Senior	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR	4 3 3 1 3 3 3 7 7 7 3 3 3 3 3 3 1 3 3 1 3 3 1 3 3 1 3 3 1 1 3 3 3 1 7 7 7 7
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective Senior Fall	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR Hours	4 3 3 1 3 3 3 17 3 3 3 3 1 3 1 3 1 1 4
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective Senior	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR Hours CURRENT ISSUES & TRENDS IN TR	4 3 3 1 3 3 3 17 3 3 3 17 3 3 1 1 3 1 14 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective Senior Fall	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR Hours	4 3 3 1 3 3 3 17 3 3 3 3 1 3 1 3 1 1 4
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective Senior Fall TREC 415	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR Hours CURRENT ISSUES & TRENDS IN TR	4 3 3 1 3 3 3 17 3 3 3 17 3 3 1 1 3 1 14 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective Senior Fall TREC 415 TREC 418	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR Hours CURRENT ISSUES & TRENDS IN TR PRIN, PRAC & PROC IN THEPT REC	4 3 3 1 3 3 3 17 3 3 3 17 3 3 1 1 3 1 14 3 3 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective Senior Fall TREC 415 TREC 421	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR Hours CURRENT ISSUES & TRENDS IN TR PRIN, PRAC & PROC IN THEPT REC MNGT IN THERAPEUTIC RECREATION	4 3 3 1 3 3 3 3 3 3 3 1 7 7 3 3 3 1 1 3 3 1 1 4 3 3 3 3 3 3 3 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective Senior Fall TREC 415 TREC 421	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR Hours CURRENT ISSUES & TRENDS IN TR PRIN, PRAC & PROC IN THEPT REC MNGT IN THERAPEUTIC RECREATION RESRCH & EVAL THERAPEUTIC RECR	4 3 3 1 3 3 3 17 3 3 3 3 1 1 3 1 1 14 3 3 3 3 3 3 3 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective Senior Fall TREC 415 TREC 421 TREC 423	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR Hours CURRENT ISSUES & TRENDS IN TR PRIN, PRAC & PROC IN THEPT REC MNGT IN THERAPEUTIC RECREATION RESRCH & EVAL THERAPEUTIC RECR	4 3 3 1 3 3 3 17 3 3 3 3 1 1 3 1 1 14 3 3 3 3 3 3 3 3 3
Fall BIO 234 & BIOL 234 REC 307 REC 350 PE 309 PE 319 PSY 216 Spring COUN 315 REC 305 TREC 313 TREC 325 TREC 329 PE Elective Senior Fall TREC 415 TREC 421 TREC 423 Spring	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB RECREATION LEADERSHIP INTRO TO LEISURE EDUCATION ELE & SEC FOLK & ETH & RHY DAN KINESIOLOGY ABNORMAL PSYCHOLOGY Hours Human Growth and Development FACILITIES EQUIP & AREA IMPLCTNS OF DISABLG COND IN TR THERAPEUTIC REC PRACTICM PROG DESIGN & EVALUATION IN TR Hours CURRENT ISSUES & TRENDS IN TR PRIN, PRAC & PROC IN THEPT REC MNGT IN THERAPEUTIC RECREATION RESRCH & EVAL THERAPEUTIC RECR Hours	4 3 3 1 3 3 3 17 3 3 3 3 17 3 3 3 11 14 3 3 3 3 3 3 3 3 3 3 12

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	Hours Total Hours	15 120
TREC 425	THERAPEUTIC REC INTRN PR ¹	9
TREC 424	SEM. IN THERAPEUTIC RECREATION ¹	3

¹ All courses must be completed prior to enrolling in TREC 424 and TREC 425.

Notes:

- Candidates that transfer 12 or more hours of college credit are exempt from UNIV 100 UNIVERSITY SUCCESS; however, the student must take 2 hours of general electives to replace the UNIV course.
- Online Graduation Clearance (to be completed during the graduating semester only).

Student Learning Outcomes

The outcomes of the "responsive educator" are aligned with the College of Education and Human Development and provide and embodies:

- Therapeutic Recreation Students will demonstrate content, pedagogy, historical foundation, principles and procedures, practices, and application to work effectively with culturally diverse populations and persons with special needs and disabilities.
- Therapeutic Recreation students will be able to demonstrate assessment, planning, implementation, and evaluation of treatments and programs for individuals with disabilities utilizing evidence-based research practices.
- Therapeutic Recreation students will demonstrate in-class skills and transfer these skills to their internship experience.