

HEALTH, PHYSICAL EDUCATION AND RECREATION (B.S.) THERAPEUTIC RECREATION CONCENTRATION

The mission of the Department of Health, Physical - Education, and Recreation is to increase health equity throughout Mississippi. To accomplish this mission, the Health, Physical Education and Recreation major with a concentration in Therapeutic Recreation prepare students in the systemic process of utilizing recreation and activity-based interventions to treat persons with physical illness, mental illness, or other disabling conditions. Graduates of this discipline are highly qualified to sit for the Certified Therapeutic Recreation Specialists (CTRS) certification and work in hospitals, clinics, rehabilitation centers, and a variety of other field locations. Students also gain hands-on experience through internship opportunities during their senior year.

Code	Title	Hours
BIO 234 & BIOL 234	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB	4
COUN 315	Human Growth and Development	3
HE 101	CONCEPTS OF HEALTH	3
PE 309	ELE & SEC FOLK & ETH & RHY DAN	1
PE 319	KINESIOLOGY	3
PE 231	INTERMEDIATE SWIMMING	1
PHIL 301	INTRODUCTN TO PHILOSOPHY	3
PSY 216	ABNORMAL PSYCHOLOGY	3
REC 205	CULTURAL & RECREATION PROGRAM	3
REC 305	FACILITIES EQUIP & AREA	3
REC 307	RECREATION LEADERSHIP	3
REC 350	INTRO TO LEISURE EDUCATION	3
REC 405	OUTDOOR RECREATION PROGRAMMING	3
TREC 104	INTRO TO THERAPEUTIC REC	3
TREC 218	HISTORY&PHILOSOPHY OF THER REC	3
TREC 225	THERAPEUTIC RECREATION PRACTIC	1
TREC 313	IMPLCTNS OF DISABLG COND IN TR	3
TREC 325	THERAPEUTIC REC PRACTICM	1
TREC 329	PROG DESIGN & EVALUATION IN TR	3
TREC 415	CURRENT ISSUES & TRENDS IN TR	3
TREC 418	PRIN, PRAC & PROC IN THEPT REC	3
TREC 421	MNGT IN THERAPEUTIC RECREATION	3
TREC 423	RESRCH & EVAL THERAPEUTIC RECR	3
TREC 424	SEM. IN THERAPEUTIC RECREATION	3
TREC 425	THERAPEUTIC REC INTRN PR	9
Total Hours		74

Course	Title	Hours
Freshman		
Fall		
BIO 101 & BIOL 101	INTRO TO BIOLOGICAL SCIENCE and INTRO TO BIO SCI LAB	3

ENG 104 or ENG 103 or ENG 111	COMPOSITION I or English Composition I with Co-requisite Support or COMPOSITION & LITERATURE FOR L	3
TREC 104	INTRO TO THERAPEUTIC REC	3
UNIV 100	UNIVERSITY SUCCESS	2
Mathematics Option		3
Humanities & Fine Arts Option		3

Hours 17

Spring		
ENG 105 or ENG 112	COMPOSITION II or COMPOSITION	3
HE 101	CONCEPTS OF HEALTH	3
Humanities & Fine Arts Option		3
Natural Science Option		3
Pathway Option		3

Hours 15

Sophomore		
Fall		
ENG 213 or ENG 218 or ENG 228	PROFESSIONAL WRITING or ADVANCE COMPOSITION or WORD POWER	3
REC 205	CULTURAL & RECREATION PROGRAM	3
TREC 218	HISTORY&PHILOSOPHY OF THER REC	3
TREC 225	THERAPEUTIC RECREATION PRACTIC	1
Social & Behavioral Science Option		3
Pathway Option		3

Hours 16

Spring		
PSY 201	GENERAL PSYCHOLOGY	3
UNIV 200	CIVIC ENGAGEMENT	1
PE Elective		1
Humanities & Fine Arts Option		3
Social & Behavioral Science		3
Pathway Option		3

Hours 14

Junior		
Fall		
BIO 234 & BIOL 234	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB	4
REC 307	RECREATION LEADERSHIP	3
REC 350	INTRO TO LEISURE EDUCATION	3
PE 309	ELE & SEC FOLK & ETH & RHY DAN	1
PE 319	KINESIOLOGY	3
PSY 216	ABNORMAL PSYCHOLOGY	3

Hours 17

Spring		
COUN 315	Human Growth and Development	3
REC 305	FACILITIES EQUIP & AREA	3
TREC 313	IMPLCTNS OF DISABLG COND IN TR	3
TREC 325	THERAPEUTIC REC PRACTICM	1
TREC 329	PROG DESIGN & EVALUATION IN TR	3
PE Elective		1

Hours 14

Senior		
Fall		
TREC 415	CURRENT ISSUES & TRENDS IN TR	3
TREC 418	PRIN, PRAC & PROC IN THEPT REC	3
TREC 421	MNGT IN THERAPEUTIC RECREATION	3
TREC 423	RESRCH & EVAL THERAPEUTIC RECR	3

Hours 12

Spring		
REC 405	OUTDOOR RECREATION PROGRAMMING	3

TREC 424	SEM. IN THERAPEUTIC RECREATION ¹	3
TREC 425	THERAPEUTIC REC INTRN PR ¹	9
Hours		15
Total Hours		120

¹ All courses must be completed prior to enrolling in TREC 424 and TREC 425.

Notes:

- Candidates that transfer 12 or more hours of college credit are exempt from UNIV 100 UNIVERSITY SUCCESS; however, the student must take 2 hours of general electives to replace the UNIV course.
- Online Graduation Clearance (**to be completed during the graduating semester only**).

Student Learning Outcomes

The outcomes of the “responsive educator” are aligned with the College of Education and Human Development and provide and embodies:

- Therapeutic Recreation Students will demonstrate content, pedagogy, historical foundation, principles and procedures, practices, and application to work effectively with culturally diverse populations and persons with special needs and disabilities.
- Therapeutic Recreation students will be able to demonstrate assessment, planning, implementation, and evaluation of treatments and programs for individuals with disabilities utilizing evidence-based research practices.
- Therapeutic Recreation students will demonstrate in-class skills and transfer these skills to their internship experience.