

HEALTH, PHYSICAL EDUCATION AND RECREATION (B.S.) HEALTH EDUCATION CONCENTRATION

Bachelor of Science in Health, Physical Education & Recreation (Health Education)

The mission of the Department of Health, Physical Education, and Recreation is to increase health equity throughout Mississippi. To accomplish this mission, the Health Education major prepares students to provide adolescents with functional health knowledge while strengthening their attitudes, beliefs, and practice skills needed to adopt and maintain healthy behaviors. Health Education majors receive hands-on student teaching experience in their senior year and earn Mississippi K-12 teacher licensure upon degree completion.

Major Requirements

Code	Title	Hours
HE 122	FOUNDATIONS OF HEALTH	3
HE 113	FIRST AID	3
HE 206	ORG & ADMIN OF SCH AND COM HEA	3
HE 102	CONCEPTS OF HEALTH FOR TEACHER	3
HE 498	DRUG EDUCATION	3
PE 360	PHYSIOLOGY OF MUSCULAR A	3
HE 208	EPIDEMIOLOGY OF DISEASES	3
SPED 311	EXCEP CHILD & YOUTH IN THE SCHO	3
HE 399	HUMAN SEXUALITY	3
HE 333	METHODS & MATER. IN TEAC	3
HE 404	FAMILY LIVING EDUCATION	3
HE 401	CONSUMER HEALTH & SAFETY	3
HE 495	PROBLEMS & ISSUES IN HEA	3
EDCI 100	INTRODUCTION TO EDUCATION	3
ETEC 336	ADV MULTIMEDIA IN CLASSROOM	3
PSY 201	GENERAL PSYCHOLOGY	3
COUN 315	Human Growth and Development	3
ETEC 367	INTRO TO ASSMNT MSRMT & EVALTN	3
SS 203	HISTORICAL&CULTURAL FOUNDATNS	3
EDCI 301	CLASSROOM MANAGEMENT AND EFFECTIVE LEARNING ENVIRONMENTS	3
RE 310	TCHNG READING IN CONTENT AREAS	3
EDCI 401	Unit Planning, Assessment, and Classroom Management	3
EDCI 402	CLINICAL INTERNSHIP IN STD TCH	12
Total Hours		78

Course	Title	Hours
Freshman		
Fall		
Begin PRAXIS Workshops		

BIO 101 & BIOL 101	INTRO TO BIOLOGICAL SCIENCE and INTRO TO BIO SCI LAB	3
ENG 104 or ENG 103 or ENG 111	COMPOSITION I or English Composition I with Co-requisite Support or COMPOSITION & LITERATURE FOR L	3
HE 122	FOUNDATIONS OF HEALTH	3
MATH 111 or MATH 114	COLLEGE ALGEBRA or Quantitative Reasoning	3
UNIV 100	UNIVERSITY SUCCESS	2
Humanities & Fine Arts Option		3
Hours		17

Spring		
Continue with PRAXIS Workshops		
EDCI 100	INTRODUCTION TO EDUCATION	3
ENG 105 or ENG 112	COMPOSITION II or COMPOSITION	3
HE 113	FIRST AID	3
Humanities & Fine Arts Option		3
Pathway Option		3
Hours		15

Sophomore		
Fall		
Register for the PRAXIS I Exam		
BIO 234 & BIOL 234	HUMAN ANATOMY & PHYSIOLOGY I and HUMAN ANATOMY & PHYSIOLOGY LAB (Cognate Area)	4
HE 206	ORG & ADMIN OF SCH AND COM HEA	3
Humanities & Fine Arts Option		3
Social & Behavioral Science Option		3
Pathway Option		3
Hours		16

Spring		
ETEC 336	ADV MULTIMEDIA IN CLASSROOM	3
HE 102	CONCEPTS OF HEALTH FOR TEACHER	3
PSY 201	GENERAL PSYCHOLOGY	3
UNIV 200	CIVIC ENGAGEMENT	1
Social & Behavioral Science Option		3
Pathway Option		3
Hours		16

Junior		
Fall		
Register for PRAXIS II Exam		
COUN 315	Human Growth and Development	3
ETEC 367	INTRO TO ASSMNT MSRMT & EVALTN	3
HE 498	DRUG EDUCATION	3
PE 319 or PE 360	KINESIOLOGY or PHYSIOLOGY OF MUSCULAR A	3
Hours		12

Spring		
EDCI 301	CLASSROOM MANAGEMENT AND EFFECTIVE LEARNING ENVIRONMENTS	3
HE 208	EPIDEMIOLOGY OF DISEASES	3
HE 399	HUMAN SEXUALITY	3
SPED 311	EXCEP CHILD & YOUTH IN THE SCHO	3
SS 203	HISTORICAL&CULTURAL FOUNDATNS	3
Hours		15

Senior		
Fall		
EDCI 401	Unit Planning, Assessment, and Classroom Management	3
HE 333	METHODS & MATER. IN TEAC	3
HE 401	CONSUMER HEALTH & SAFETY	3
HE 404	FAMILY LIVING EDUCATION	3

HE 495	PROBLEMS & ISSUES IN HEA	3
RE 310	TCHNG READING IN CONTENT AREAS	3
Hours		18
Spring		
EDCI 402	CLINICAL INTERNSHIP IN STD TCH	12
Hours		12
Total Hours		121

Notes:

- Candidates that transfer 12 or more hours of college credit are exempt from UNIV 100 UNIVERSITY SUCCESS; however, the student must take 2 hours of general electives to replace the UNIV course
- Online Graduation Clearance (**to be completed during the graduating semester only**).

Student Learning Outcomes

The outcomes of the “responsive educator” are aligned with the College of Education and Human Development and provides and embodies:

- A committed response where the candidate has acquired an understanding and acceptance of professional goals and obligations to support fairness and equity in learning communities.
- A knowledgeable response where the candidate has a thorough knowledge of discipline content, student development, historical and theoretical foundations of education, and learner environment management.
- A Skillful Response where the candidate has developed performance abilities relative to critical thinking, professional performance, and learning community enhancement.
- A Professional Response where the candidate understands the relationships between schools, families, and cultural contexts as these affect student learning.