

STRENGTH & CONDITIONING (SC)

SC 501 STRENGTH & CONDITIONING (3 Hours)

SC 513 Sport Nutrition (3 Hours)

This Course is intended to develop knowledge of current concepts and trends in sport and exercise nutrition, as well as the ability to plan and implement a nutrition program designed to meet the unique needs of all individuals.

SC 545 SPORT PSYCHOLOGY AND SOCIOLOGY (3 Hours)

SC 550 INTERNSHIP (3-6 Hours)

SC 600 THESIS (3-6 Hours)